

TEMPUS NO 8 ARANCINI WITH
GRETA CHEESE & AIOLI

Gary Parsons, *H&B Executive Chef*

HARVEY & BROCKLESS
the fine food co

Whatever we do, from sourcing amazing food
to delivering it on time,
we always stick to one simple rule...

an absolute dedication to honest, authentic, remarkable food.

TEMPUS NO 8 ARANCINI, GRETA & AIOLI

Chef Gary Parsons

Ingredients

SERVES 4 PORTIONS

| | |
|---|---------------|
| DA303 Dell'ami Arborio Risotto | 350g |
| CA718 Tempus No 8 | 160g |
| EC342 Greta, drained and rolled into balls | 54g |
| HS701 Harvey and Brockless Kitchen Aioli | 30ml |
| IN019 Cornish Sea Salt | 5g |
| DA105 Dell'ami Arbequnia Olive Oil | 2 tbls |
| DB007 Croxton Manor unsalted butter | 15g |
| IT130 Parmesan, grated | 150g |
| Onion, peeled, halved and finely chopped | 1 onion |
| Garlic clove, chopped and crushed | 1 clove |
| White Wine | 150ml |
| Hot Chicken Stock | 1.2 litres |
| Cracked Black Pepper | 2g |
| Plain Flour | 150g |
| Eggs, whisked | 3 eggs |
| Panko BreadCrumbs | 150g |
| Micro Rocket | |
| Parmesan Wafer | |

TEMPUS NO 8 ARANCINI

with greta cheese and Harvey and Brockless Kitchen ailoli



Method

1. Heat oil and unsalted butter in a pan, add onions, garlic and a pinch of cornish sea salt fry on a low heat, until the onions have softened. Stir in the Arborio rice and cook for 1 minute.
2. Add the white wine, bring to the boil and reduce the wine by half. Pour in half of the stock and stir continuously. Add the remaining stock a ladel at a time, keep stiring until the rice is cooked.
3. Add the Tempus No 8 a little at a time stiring until dissovled, stir in the grated parmesan, season with cornish sea salt and pepper. Empty the risotto onto a tray to cool.
4. Divide the risotto mix into 18 equal balls. Flatten out in your hand add one of the Greta balls then enclose rice around the Greta to form a ball and repeat for each individual ball.
5. Put the flour, panko bread crumbs and the whisked eggs into 3 seprate trays. Dip each ball into the flour, then the egg and finally in the panko breadcrumbs to coat.
6. Deep fry until golden in colour and piping hot. Carefully cut each ball in half, squeeze the Aioli in the centre of the ball, top with a piece of parmesan wafer and a sprig of micro rocket.

Tempus No 8

Tempus No 8's fire and intensity is a representation of its southern Italian roots. The first step is to make a salami using sow belly; a big salami, circa 5kg with a baseline flavour of confit garlic, garlic oil, and dried chive that permeates through the meat during its drying phase. The salamis are then slow fermented for up to 3 days and aged for 2-3 months in our purpose-built aging room. Dried orange peel, fennel, two types of Mexican chilli, cayenne, and mace are expertly balanced to compliment the lactic tang of the slow ferment and the rich garlicky pork.

Greta

Our new cow's curd is crumbly and flaky, a little like a fresh Feta, but it's soft and smooth enough to spread. Buttery with a refreshing burst of acidity, the cheese also picks up aromatic notes from the basil and garlic infused oil in which it is submerged to keep moist.

Harvey and Brockless Kitchen Aioli

Thick, smooth and with a delicious zing, our aioli is made with greek yogurt, free range mayonnaise, lemon juice and fresh spanish garlic. Making for a refreshing flavour and authentic texture.

Cornish Sea Salt Flakes

A pebble's throw from the Atlantic Ocean, the salt house that produces Cornish Sea Salt uses pure sea water from a protected marine zone, which is high in trace elements. It's this purity that gives the salt its fresh flavour and makes it so popular with chefs. Add a sprinkle to chocolate brownies to elevate them to new levels.