SPICY PORK GYOZAS WITH CITRUS PONZU DRESSING

Gary Parsons, H&B Executive Chef

HARVEY & BROCKLESS

the fine food co

Whatever we do, from sourcing amazing food to delivering it on time, we always stick to one simple rule...

an absolute dedication to honest, authentic, remarkable food.

SPICY PORK GYOZAS WITH CITRUS PONZU DRESSING

Chef Gary Parsons

Ingredients SERVES 4

| HS531 Harvey & Brockless Kitchen Citrus Ponzu Dressing | 110ml |
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| IN016 Dorset Sea Salt Flakes | 4g |
| Pork Mince | 200g |
| Carrot, peeled & grated | 50g |
| Banana Shallot, finely chopped | 15g |
| Garlic Clove, minced | 5g |
| Soy Sauce | 3ml |
| Rice Vinegar | 3ml |
| Cracked Black Pepper | 4g |
| Spring Onions, thinly sliced | 2 sprigs |
| Gyoza Wrappers | 20 |

Method

- 1. In a medium bowl, add the ground pork, carrot, chopped shallots, minced garlic, soy sauce and rice vinegar. Once all the ingredients has been combined season with sea salt and black pepper.
- 2. Roll the mixture into 20 x 10g balls and then place in the fridge for 30 minutes.
- 3. Lay out twenty gyoza wrappers and place the mini 10g of the filling in the centre.
- 4. Lightly rub the edges of the wrapper with water. Fold the Gyoza wrapper over the filling to make a crestent shape and gently press the edges together to seal.
- 5. Heat some oil in a pan and fry off the gyoza until slightly golden. Once golden pour 50ml of water and place a lid over the pan and let them steam.
- 6. Once the water has evaporated, start to fry the gyoza again but until they are browned on each side. Once browned, remove from the pan and pour the Citrus Ponzu dressing into a small pot and start dipping.



Harvey & Brockless Kitchen Citrus Ponzu Dressing

Our zingy ponzu, made with lemon, lime, orange, tamari, soy and mirin. Light yet deeply flavorful, it brings a fresh, tangy lift. Toss lightly through salad leaves or mix with sesame oil for a umami dressing. Also great as a dipping sauce for gyoza.

Dorset Sea Salt Flakes

Hand-harvested from the pristine mineral rich, and world-famous waters of the Jurassic coast. To be used within or to finish the cooking process, these briny flakes are bursting with an honest taste of Dorset.

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